

Nutrition Myths Workshop

Monday,
Nov. 24th

6:30–
7:30pm

Separating Facts from Fads.

*Led by Hailey
Langille, R.D.*



Unpack common and confusing food claims



Have the chance to ask questions



Become more informed about your health choices



Station8 Community Food Hub (big garage)

8 Station Road, Dorchester NB

FREE for all to attend!

(506) 334-8746
www.station8nb.ca

